IN THE CLAIMS:

1	1.	(Currently Amended) An adjustable bed system comprising:
2		a bed-section-adapted to move a body of a person lying on the bed into a bent
3	position by el	evating the upper body and bending the knees;
4		a tilt unit operable to perform an operation of tilting adapted to tilt the bed-section
5	laterally while	e the bed is in a bent position;
6		a judgment unit operable adapted to judge which determine the sleep stage of a
7	person who is	lying on the bed-section is in; and
3		a control unit operable adapted to control the tilt unit based on a result of the in
9	response to a	sleep stage judgment made by the judgment unit.
l	2.	(Currently Amended) The adjustable bed of Claim 1,
2		wherein the judgment unit judges determines whether the person is in REM
3	sleep-or not, a	nd
4		the control unit has causes the tilt unit perform the to tilt operation the bed, if the
5	judgment unit	judges determines that the person is in REM sleep.
l	3.	(Currently Amended) The adjustable bed of Claim 1,
2		wherein the judgment unit judges determines a depth of sleep of the person, and
3		the control unit has causes the tilt unit perform the to tilt operation the bed, if the
1	judgment unit	judges determines that the depth of sleep is substantially great where the person is
5	in slow wave	sleep.

l	4.	(Currently Amended) The adjustable bed of Claim 2,	
2		wherein the judgment unit judges determines a depth of sleep of the person, and	
3		the control unit has causes the tilt unit perform the to tilt operation the bed, if the	
4	judgment unit	judges determines that the depth of sleep is substantially great where the person is	
5	in slow wave s	sleep.	
1	5.	(Currently Amended) The adjustable bed of Claim 1,	
2		wherein the control unit prohibits the tilt unit from performing [[the]] a tilt	
3	operation within a predetermined time period from completion of an immediately a preceding tilt		
4	operation, irre	spective of which the depth of sleep stage of the person is in.	
1	6.	The adjustable bed of Claim 2,	
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2		wherein the control unit prohibits the tilt unit from performing [[the]] a tilt	
3	operation within a predetermined time period from completion of an immediately a preceding tilt		
1	operation, irres	spective of which the depth of sleep stage of the person-is in.	
l	7.	The adjustable bed of Claim 3,	
2		wherein the control unit prohibits the tilt unit from performing [[the]] a tilt	
3	operation with	in a predetermined time period from completion of an immediately a preceding tilt	
1	operation, irres	spective of which the depth of sleep stage of the person-is in.	
l	8.	The adjustable bed of Claim 4,	
2		wherein the control unit prohibits the tilt unit from performing [[the]] tilt	
3	operation with	in a predetermined time period from eompletion of an immediately a preceding tilt	
ļ	operation, irrespective of which the depth of sleep stage of the person is in.		